

Behavioral Skills Training Cheat Sheet

Trainer name:		Training skill(s):	
Trainee name:			
Home/program:		Date of training:	

Behavioral Skills Training		
Step	Description	✓
Instruction (Descriptions)	<ul style="list-style-type: none"> Provide a clear & concise description of skill Provide verbal & written instructions (e.g., behavior plan guide) Provide rationale for the training <i>Remember to break complex skills down into smaller sub-skills if needed</i> Answer questions & provide clarifications of skill expectations 	
Modeling (Demonstration)	<ul style="list-style-type: none"> Visually demonstrate skill(s) being trained Highlight critical aspects of the skill during your demonstration <i>Remember you can use in-vivo or video models!</i> 	
Rehearsal (Practice Time!)	<ul style="list-style-type: none"> Provide the trainee with an opportunity to practice the skill(s) Record steps completed correctly & incorrectly <i>Be sure to provide time, space, & resources for the trainee to practice!</i> 	
Feedback (Praise & Clarification)	<ul style="list-style-type: none"> Praise participation in training & steps completed correctly Provide corrective guidance on steps performed incorrectly <i>Be sure to provide descriptive feedback!</i> Allow opportunity to re-practice & correct their performance <i>Remember to train to a specified mastery criterion (e.g., 90% of steps performed correctly) to ensure quality training!</i> Repeat rehearsal & feedback until the criterion is met & training is complete 	

Training Checklist

Skill(s) for Training:

Step	Correct or Incorrect	Notes

Notes:

